# HealthQuest

**HealthQuest** is pleased to provide 2 onsite childcare areas located within our Club. Our childcare areas provide a fun and safe environment for your child to play and interact with other children. HealthQuest childcare workers are first aid and CPR certified and exceed the requirements needed to care for our youngest members.

**KidQuest:** This childcare area entertains our youngest members. Children ages 6 weeks to six years of age must be checked in by and authorized guardian while parents utilize the Club. Age appropriate toys, arts and crafts, games, dress up and music are just a few activities children can take part in.

**KidZone:** Children ages 7-12 register in this area located in the Sports Center. Children must also be checked in by and authorized guardian while parents utilize the Club. Activities include free play, homework time, movies and Wii fitness games.

## **Childcare Rules:**

- Children must be six weeks of age
- Childcare is limited to a 2-hour maximum with a 15minute grace period.
- Parents must remain in the Club when children are registered in the childcare areas.
- Only children of members, their registered guests and KidQuest staff are permitted in KidQuest.
- Children with visible signs of illness will not be permitted in KidQuest. These symptoms include but are not limited to: runny nose with yellow or green mucus, rashes, pink eye, or a wet cough until diagnosed.
- Due to food allergies no food or beverage is permitted in KidQuest.
- Staff is not responsible for lost or stolen items.
- Items small enough for young children to put into their mouth will not be permitted in KidQuest.
- Staff does not change diapers or bottle feed young children, parents will be paged and should return to KidQuest to tend to their child.
- Children will be verbally reprimanded should staff encounter behavioral issues. Time out will be given and parents notified.
- Biting issues or endangering another child by hitting, throwing things or bullying are not tolerated in KidQuest. To ensure the safety of everyone any child who bites 3 times or expresses aggressive behavior will not be permitted in KidQuest until they understand this behavior is unacceptable.



## **Child Care Hours:**

Monday – Thursday: 7:45am – 8:30pm Friday: 7:45am – 7:30pm Saturday and Sunday: 7:45am – 3:00pm **Hours are subject to change during the summer months** 

## **Check-In Procedure:**

Our check-in area provides an easy way to check your childin prior to your workout. Each child will be registered simply by scanning a member's HealthQuest scan card. All information pertaining to that child will print on a label which will then be attached to the child. Parents location should always be given when checking a child-in. Parents using transportation must also know the time and class of their child.

## **Checking Out:**

Checking out of KidQuest is also done by using a member's scan card. Simply swipe your card and your child will be clocked out of KidQuest by a staff member. To ensure the safety of all the children please wait for a childcare provider to release your child. Please **do not** open the door or lift your child up over the door.

## **Transportation:**

Transportation allows parents to enjoy their workout without the worry of getting children to and from scheduled youth programs. Transportation is provided to Dance, Gymnastics, Tae Kwon Do, and All Sports.

#### **Transportation Rules:**

- Parents must give themselves enough time to sign children into the childcare areas
- Please know your child's class and class time
- Members arriving late and missing transportation will be responsible to take their child to class and pick them up.
- Parents will not be given wristbands to have their children brought back from class. All children transported to a class must come back to the childcare area before checking out. No child will be checked out directly from class.
- KidQuest staff should be made aware any time a child checks out of KidQuest prior to using transportation. Children's names need to be removed from the transportation list, this saves time and worry looking for children who have already been checked out but their name remains on the transportation list.

## **Guests:**

All guests are required to stop at the Front Desk before entering the Club. Guests must be accompanied by a member and pay a ten-dollar guest fee when registering at the Front Desk. Guests are required to bring their paid receipt to KidQuest when signing children in.

## KidQuest Happy Day Camp

A fee-based program, Happy Day Camp provides members the opportunity to leave the club for a three-hour time period to run errands, enjoy lunch with a friend of just have alone time away from the club. Happy Day Camp is available Monday - Friday from 8:00am-8:00pm. Happy Day camp can be used by a non-member when accompanied by a member. Children must be at least one year of age.

## Rates:

Member rates apply to **Family membership** or a **parent/child** membership. One child: \$7.00 per hour Two children: \$10.00 per hour Three or more children: \$12.00 per hour

**Non-Member rates** apply to an **Individual Membership** and **friends** of a member.

One or more children a flat rate of \$9.00 per child will be charged.

## Rules

- Children must all be of the same family
- When registering please leave a cell phone or contact number
- Please leave diapers, wipes and a change of clothing for all children (6 year olds can have an accident or suddenly become ill)
- Snacks are permitted in a designated area away from other children. Parents are responsible for children's lunches or snacks. NO PEANUT products will be permitted.
- All diaper bags and Sippy cups should be labeled with your child's name.

**Kidz Nite Out Program:** A party every Saturday night! Each month members with a family membership or a parent/child membership can take advantage of a **free** night out! You choose! Each week is themed with fun and exciting things to do! Dinner, Sports Fun, Crafts, and movies along with hanging with your friends! Great things for the kids to do while Mom and Dad enjoy a night out. Kidz Nite Out is also available to non-member guests when a member is registered as a fee-based program.

## **Kidz Nite Out Policies and Procedures:**

- Registration is done online via the Member Portal beginning Sunday and ending at 11pm Thursday evening.
- A **\$40.00 late fee** is applied to all members registering after the 11:00 pm deadline on Thursday.

- Please understand members are given a 5-day window to register for Kidz Nite Out. Trying to register on line or calling the Program Desk after 11pm does not make a member exempt from paying a late fee.
- All messages received Friday morning and Saturday night walk-ins will be charged a late fee.
- Registering for Kidz Nite Out is a two-step process. Registering your child for dinner does not automatically enroll you in Kidz Nite Out; members must also register their child in the age appropriate age groups. Please review your confirmation to be sure your child is registered correctly.
- Staff is not responsible for lost or stolen items
- Children experiencing behavioral issues will be brought to KidQuest and remain there until being picked up by parents
- An unused Kidz Nite Out is not rolled over to the next month
- Members will not be credited for dinner if they cancel or choose not to attend.

## **Kidz Nite Out:**

#### Dinner: \$5.00 per child

Pizza, unless noted otherwise is optional for children 3-12 years of age. Snacks and juice boxes are always available

**Occasional specialty crafts and activities:** \$5-\$12 per child (depending on activity) will be automatically charged for all children age 4 and older.

**Before care:** 5:30pm-6:30pm \$10.00 per child. These prices apply to all participants in Kidz Nite Out. After Care 9pm-10pm is available for Early Bird KNO Only (2<sup>nd</sup> Saturday of the month)

## **Member Prices:**

Additional Kidz Nite Out (2 or more within a month) Members:  $1^{st}$  child \$17.00  $2^{nd}$  child \$12.00

Additional children \$7.00

# Non-Member Prices:

1<sup>st</sup> child \$22.00 2<sup>nd</sup> child \$17.00

Additional children \$12.00

Non-members welcome but must be accompanied by a member. Non-members must register by phone by calling the Program Desk at 908-782-4004 ext. 233

HealthQuest takes pride in offering the best programs possible. The safety and well-being of our youngest members is our first priority. On a Saturday Night, Kidz Nite Out is home away from home! Go out, have a great time and leave the kids with us!