

Revised 7/23

2018/2019 Schedule: Classes begin September 15th

Registration 9/4 online only. At the program desk after Sept 4th.

You & Me Age 2					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:30-11:00 Dance with Me Miss Stephanie	9:30-10:00 Dance with Me Miss Stephanie			
Age: 3 years					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30-10:00am (2) Mini Movers Miss Diana	11:15-11:45am (1) Mini Movers Miss Stephanie		9:30-10:00am (3) Mini Movers Miss Diana		9:00-9:30am (2) Mini Movers
10:15-10:45am (2) Mini Movers Miss Diana			10:15-10:45am (3) Mini Movers Miss Diana		
Ages 4&5 Preschool					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30-10:15am (3) Ballet Miss Myra	9:30-10:15am (1) Tap/Jazz Miss Stephanie	10:15-11:00am (1) Tap/Jazz Miss Stephanie	10:30-11:15am (2) Ballet Miss Maryann		9:00-9:45am (1) Tap/Jazz Miss Annette & Miss AJ
10:30-11:15 (3) Tap/Jazz Miss Myra	1:00-1:45pm (3) Tap/Jazz Miss Annette	4:30-5:15pm (2) Creative dance Miss Annette	4:30-5:15pm (2) Tap/Jazz Miss Alex		10:45-11:30 (2) Ballet Miss Maryann
	4:30-5:15pm (2) Ballet Miss Annette	1:00-1:45pm (3) Ballet Miss Maryann			
Kindergarten					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:15pm (2) Tap/Jazz Miss Annette	5:30-6:15pm (2) Ballet Miss Annette	5:30-6:15pm (2) Creative dance Miss Annette	5:30-6:15pm (2) Ballet Miss Alex	4:30-5:15pm (2) Ballet Miss Bella	9:45-10:30am (2) Ballet Miss Maryann
5:30-6:15pm Hip Hop Miss Brianna	6:30-7:15pm (2) Creative dance Miss Annette		6:30-7:15pm (2) Tap/Jazz Miss Annette	5:30-6:15pm (2) Hip Hop Miss Bella	10:00-10:45am (1) Tap/Jazz Miss Annette & Miss AJ
Ages 6+7 years 1st grade and up					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30-6:15pm (1) Tap Miss Annette	4:30-5:15pm (1) Hip Hop Miss Emily	4:30-5:15pm (1) Jazz Miss Alex	5:30-6:15pm (3) Hip Hop Miss Emily	4:30-5:15pm (3) Lyrical Miss Lily	11:45-12:30pm (2) Ballet Miss Maryann
	5:30-6:15pm (3) Ballet Miss Maryann			6:30-7:15pm Baton Miss Chrissy	11:00-11:45am (1) Tap Miss Annette & Miss AJ
Ages 8-10 years					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:25pm (1) Hip hop Miss Brianna	4:30-5:25 (3) Beg. Ballet Miss Maryann	5:30-6:15 (1) Lyrical Miss Alex	4:30-5:25 (3) Int. Ballet Miss Maryann	5:30-6:25pm (3) Lyrical Miss Lily	11:30-12:25pm (3) Hip hop
6:30-7:25pm Beg Tap Miss Annette		7:30-8:25 (1) Jazz Miss Alex	6:30-7:25pm (1) Contemporary Miss Alex	6:30-7:25pm (ex1) Break Dance Mr. Nate	12:00-12:55pm (1) Int Tap Miss Annette & Miss AJ
				7:30-8:25pm (1) Baton Miss Chrissy	

Calendar 2018/2019

Sat. Sept 15th
Wed Oct 31st

Classes Begin
No Class after 12:00 noon

February 16-18th
Apr 19-26

No classes presidents weekend
No classes spring break

Wed Nov 21st No Class after 12:00 noon
Thanksgiving No Class Nov 22-24
Winter Break No Classes Dec 24th-Jan 1st

May 25-28th
June 14

No classes memorial weekend
 Last day of classes

Ages 11 to adult

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:30-12:00 (1) Tai Chi Cassie	10:00-11:30am (3) Beg Ballet Maryann	6:30-7:25 (1) Lyrical Miss Alex	9:30-10:30am (3) Beg/Int Tap Annette	9:00-10:30am (3) Tai Chi Chris	11:30-12:25pm (3)Hip hop
6:30-7:25pm (2)Beg Hip Hop Miss Brianna	4:30-5:25 (3) Beg.Ballet Miss Maryann	7:30-8:25 (1) Jazz Miss Alex	4:30-5:25 (3)Int.Ballet Miss Maryann	5:30-6:25pm (1)Lyrical Miss Lily	12:00-12:55pm (1) Int Tap Miss Annette & Miss AJ
6:30-7:25pm Beg Tap Miss Annette	6:30-7:25pm (1) Int Hip Hop Miss Brianna		6:30-7:25 (1)Contemporary Miss Alex	6:30-7:25pm (ex1) Break Dance Mr. Nate	
7:30-8:25pm (3) Int Tap Miss Annette				7:30-8:25pm (1)Baton Miss Chrissy	

Ballet Training Program

HealthQuest Dance Academy is proud to include the American Ballet Theatre national training curriculum.

Taught by Joanna Andriopoulos the ballet program begins at the age of 8 years old.

This program is a comprehensive and progressive training opportunity providing a high quality ballet training for beginner to advanced levels. The curriculum incorporates elements from the French, Italian and Russian schools of training, and focuses on coordination, proper body alignment and artistry. Students have the opportunity to present for internationally recognized examinations that are conducted by an adjudicator from ABT. Joanna Andriopoulos is a graduate of New York University with a Master's in Dance Education and from Montclair State University with a Bachelor of Fine Arts in Dance and Musical Theatre. She is certified in the American Ballet Theater National Training Curriculum and presents students annually for nationally recognized examinations.

Ballet level 1 and 2 (American Ballet Theatre training curriculum) Dance 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:30pm Ballet 1 age 8+ Miss Joanna					9:00-10:00am (3)Ballet 1 age 8+ Miss Joanna
5:30-6:45pm Ballet 2 age 9+ Miss Joanna					10:00-11:15am (3)Ballet 2 age 8+ Miss Joanna

Ballet levels 3, 4/5 (American Ballet Theatre training curriculum) Dance 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:45-8:30pm Ballet 4/5 age 13+ 8:30-9:00 Pointe Miss Joanna		4:30-6:00pm Ballet 3 age 11+ 6:00-6:30pm Pointe Miss Joanna		4:30-6:00pm Ballet 3 age 11+ 6:00-6:30pm Pointe Miss Joanna	
		6:30-8:00pm Ballet 4/5 age 13+ 8:00-8:45pm Pointe Miss Joanna		6:30-8:00pm Ballet 4/5 age 13+ 8:00-8:45pm Pointe Miss Joanna	

To schedule a placement class please contact Joanna at andriopoulos@healthquest-fitness.com

Ballet 1: 1 hour class 2x per week \$70.00/month
 Ballet 2: 1 hour 15 minutes 2x per week \$85.00/month
 Ballet 3: 1.5 hour class, 1/2 hour pointe 2x per week \$115.00/month
 Ballet 4/5: 1.5 hour class, 45 minutes pointe 3x per week \$155.00/month