

2017 HealthQuest Summer Camp



NEW Full Day Camps for Kids Ages 4+



Open to the Public - Register All Summer!

healthquest-fitness.com

310 Hwy 31 North • Flemington, NJ 08822

Schedule a Tour Today!

The facilities and resources at HealthQuest make Summer Camp safe and fun! To meet our Camp Directors and take a personal tour of the club and camp areas, please contact us at anytime!

908-782-4009 ext. 234

camp@healthquest-fitness.com

Camps at a Glance

Camp Week	Half Day Specialty Camps Ages 3 - 5	Half Day Specialty Camps Ages 6 & Up	Full Day Camps Jr. Dynomos 4-5 yrs Camp Dynamite 6-13 yrs
Jun 19 - 23			Jr. Dynomos Camp Dynamite
Jun 26 - 30	Gee, I'm Three (for 3 yr olds only)	Bball Skills STEM Inventions with LittleBits	Jr. Dynomos Camp Dynamite
Jul 3 - 7 (No Camp 7/4)			Jr. Dynomos Camp Dynamite
Jul 10 - 14	Princess	Bball Skills Computer Animation	Jr. Dynomos Camp Dynamite
Jul 17 - 21	Superhero Kids	LEGO® Robotics VEX IQ	Jr. Dynomos Camp Dynamite
Jul 24 - 28		Computer Programming w/ Ozobot Ninjastics Top Chef	Jr. Dynomos Camp Dynamite
Jul 31 - Aug 4	Gee, I'm Three (for 3 yr olds only)	Bball League LEGO®	Jr. Dynomos Camp Dynamite
Aug 7 - 11	Lil' Kidz Kitchen	LEGO® Robotics VEX IQ Bball League	Musical Theatre 6-9 yrs Jr. Dynomos Camp Dynamite
Aug 14 - 18	Everyday Heroes		Musical Theatre 10-15 yrs Jr. Dynomos Camp Dynamite
Aug 21 - 25	Gee, I'm Three (for 3 yr olds only)	American Girl Doll Street Devils Hockey Robotic Fun	Jr. Dynomos Camp Dynamite
Aug 28 - Sep 1			Jr. Dynomos Camp Dynamite

(▽) 1-4PM Option Offered.

CAMP OPTIONS

OB OPTIONS BUNDLE

Put your mind at ease & leave the work to us. Sign up for the Options Bundle and don't worry about a thing. Sign up for this unbeatable option & **SAVE BIG!** (does not include swim lessons)

OB For Ages 3-5 Lil' Dynomos: Extends stay, 7:30am-3:00pm, and includes Before Care, Lunch, & PM Dynomo. **\$150/wk** (BC L PM)

OB For Ages 6+ Half Day Specialty Camps: Extends stay, 7:30am-6:00pm, and includes Before Care, Lunch, PM Swim, & After Care. **\$200/wk** (BC L PM AC)

OB For Full Day Camps: Extends stay, 7:30am-6:00pm, and includes Before Care, Lunch, & After Care. **\$150/wk** (BC L AC)

BC Before Care (\$10 daily) 7:30 - 9:00am

Ages 3-5 at KidQuest & Ages 6+ in the Sport Center

Our Before Care program starts at 7:30am & runs until the start of camp. The cost is \$10 per day and is non-refundable or transferable. Available Monday - Friday.

PM PM Camp 12PM - 3:00PM - For Half Day Campers Only

Extend your stay with our wrap-around option & turn your half-day camp into a full day!

PM PM Dynomo, Ages 3-5: After your camper finishes their themed camp in the morning, they will have the option to enjoy other activities inside KidQuest and the Monkey Maze. **(\$75/wk)**

PM PM Swim, Ages 6+: Enjoy poolside fun and games each afternoon at the HQ Swim Club with a Giant Flume Slide (weather permitting). If your child doesn't want to swim that day, they will have the option to enjoy other activities indoors. **(\$120/wk)**

L Lunch (\$45/wk) Only for Campers in Afternoon Programs

We are committed to providing healthy, nutritious snacks & lunches everyday. Campers will be served an entree, sides of fruits or vegetables, a beverage, and dessert for \$45 a week. The weekly lunch menu is posted on the camp bulletin board. Lunch menu may include mac n' cheese, chicken tenders, pizza, pasta, or a deli sandwich. We offer an Allergy Free Zone so campers with food allergies can enjoy their lunch without concern. Each Friday is our famous Camp BBQ with hot dogs & hamburgers, followed by a visit from the KONA ICE truck!

AC After Care (\$20 daily) 3:00 - 6:00pm

Ages 6+ in the Sport Center

Our After Care program runs from the end of the camp day until 6pm. After Care campers will be transported to the KidZone, where they can wind down from an active day at camp. They will enjoy books, crafts, video games & movies, while under the supervision of camp counselors. The cost is \$20 a day & is non-refundable or transferable. Available Monday - Friday.

Note: If your child is not picked up from camp at 3:00pm, they will be entered into After Care for the day and you will be automatically charged the \$20 fee for the day to your account on file.

S Swim Lessons (subject to weather conditions / no refunds):

Jr. Dynomos (ages 4-5) will have 4 swim lessons during their morning swim period. **(\$72/wk)**

Camp Dynamite (ages 6-13) will have 5 swim lessons during their afternoon swim period. **(\$85/wk)**

S PM Note for Half Day Campers (ages 6 & Up): PM Camp Option is also required for swim lessons (lesson will be in the afternoon). **(\$85/wk)**

Basketball Skills

8 June 26-30 PM Offered ▽

10 July 10-14 PM Offered ▽

Ages 6-12 Mem \$195 Non-Mem \$225

Coach Candace Bunnell, Division I Fairleigh Dickinson University, NHHS Hall of Fame & Player of the Century will teach basic & advanced skills for boys & girls of all levels. Each day will conclude with a game to apply their new skills.

9 STEM Inventions w/ LittleBits **NEW!**

June 26-30 Ages 6-12
Mem \$195 Non-Mem \$225

STEM stands for Science, Technology, Engineering, and Math. In this invention workshop, students enhance their skills with a great new system of discovery called LittleBits. LittleBits is a platform of easy-to-use electronic building blocks that empower you to invent anything from your own remote controlled car to a smart home device. The Bits snap together with magnets - no soldering, no wiring, and no programming needed. Students will begin with inventions designed to let them figure out how the components go together, and then they will design and create their own inventions.

11 Computer Animation **NEW!**

July 10-14 Ages 6-12
Mem \$195 Non-Mem \$225

Ready, Set, Action! Campers will use a stop motion camera and have fun designing and creating their own stop motion animation videos. Whether you are making a LEGO® brick film; animating in claymation or capturing a flower bloom using time-lapse photography, you can bring anything to life with computer animation. Students will learn to copy, edit, move and delete animation frames. Jazz up your creations by learning to import music and sounds, adding special effects, and more. All students will save their movies to share.



(▽) 1-4PM Basketball Camps include 1 hour of Open Swim.

LEGO® Robotics VEX IQ **NEW!**

12 July 17-21 18 Aug 7-11
Ages 6-12 Mem \$195 Non-Mem \$225

Have fun building, designing, and programming with LEGO® Mindstorms & VEX IQ robotic systems. Build robot projects and creations that use working sensors and motors with the help of intuitive drag-and-drop programming software. VEX IQ offers unique building challenges, a Wii – style remote control, and unlimited possibilities. No prior robotic or programming experience is necessary for this introductory course.

13 Computer Programming w/ Ozobot **NEW!**

July 24-28 Ages 6-12
Mem \$195 Non-Mem \$225

Expand your horizons with the help of Ozobot - the tiny smart robot. There is no end to the possibilities, as you create a different landscape of adventures, games and coding with Ozobot. Imagine, a learning toy that opens the doors of computer science, STEM education, robotics and coding with simple color-coded commands and "Ozoblocky," a coding language powered by Google's Blockly program. Ozobot Bit's ability to learn your programs, and then play them back is a big game changer to how young minds play and learn.

14 Ninjastics **NEW!**

July 24-28 Ages 6-10
Mem \$195 Non-Mem \$225

Ninjastics camp is a great introduction to several Martial Arts styles and no prior experience is required. Campers will enjoy many fun activities that will help improve balance, focus & agility.

15 Top Chef

July 25-29 Ages 6-8
Mem \$225 Non-Mem \$255

This hands-on camp offers the opportunity to explore the world of cooking. Campers will learn the basics of cooking, healthy eating and kitchen safety. Breakfast, Lunch and Dessert recipes will be made daily with our culinary kids being their own critics. Other fun activities include cupcake wars and a blind folded taste test. Make room in the kitchen, there's a new chef in town!

Basketball League Camp

16 July 31-Aug 4 PM Offered ▽
19 Aug 7-11 PM Offered ▽
Ages 8-13 Mem \$195 Non-Mem \$225

Gain valuable game time to take your skills to the next level! Coach Candace Bunnell, Div. I Fairleigh Dickinson University, NHHS Hall of Fame & Player of the Century will offer skill development, instructional games & mini tournaments.

17 LEGO® Camp

July 31-Aug 4 Ages 6-8
Mem \$225 Non-Mem \$255

Creative minds will love this camp, from scavenger hunts to building your own take home kits. Campers will learn team building and have the opportunity to become an inventor and engineer!

20 American Girl Doll

Aug 21-25 Ages 6-8
Mem \$225 Non-Mem \$255

It's an American Girl celebration! Bring your doll and share a week of team building activities along with fun and exciting crafts for both you and your doll. Whether it's designing matching tee shirts or creating a room to fit your doll's personality every girl will go home feeling like they just spent a week with their best friend.

21 Street Devils Hockey

Aug 21-25 Ages 8-13
Mem \$195 Non-Mem \$225

The perfect camp for the avid hockey fan. Stick handle, pass, shoot and score with this high energy camp! Essential equipment is provided by the NHL and New Jersey Devils to learn basic skills and play a real game each day. The week will end with a number of exciting skills competitions!

22 Robotic Fun **NEW!**

Aug 21-25 Ages 6-12
Mem \$195 Non-Mem \$225

Have fun building and creating using your imagination. Campers will construct a wide range of robot projects throughout the week including a Battle-Bot from our huge Robotix modular collection, participating in our robot tug-o' war, Olympic competition, soccer match, and more. Campers will learn engineering principles in a fun, hands-on atmosphere. (This camp focuses on building modular robots from your imagination. Coding is not a focus in this camp.) Campers will take home their very own Hexbug robot.



Lil' Dynomos 9am-12pm

Half Day (Ages 3-5) **OB BC PM L**

1 **Gee, I'm Three** **NEW!**

June 26-30 July 31-Aug 4 Aug 21-25
 Mem \$150 Non-Mem \$165

Gee, I'm Three is the perfect first camp experience. An introductory camp designed just for three year olds, our youngest campers will experience all the fun of "camp." In a learning and nurturing environment campers will follow a schedule of activities including water play, arts and crafts, puppet fun, music and more.

2 **Pretty Princess**
 July 10-14
 Mem \$185 Non-Mem \$205

Bibbity, Bobbity Boo! A true princess we'll make out of you! From enchanted castles to the royal family, your little princess will learn to curtsy, attend a royal tea party, dress up in her favorite princess costume and enjoy themed crafts and activities fit for royalty.

3 **Superhero Kids**
 July 17-21
 Mem \$185 Non-Mem \$205

It's a bird, it's a plane, it's your very own little superhero! Boys & Girls will use their super powers to combat evil and help save the world. Kids will enjoy an action packed week of superhero fun and adventures while learning through kindness and good deeds that everyone can be a real superhero.

5 **Lil' Kidz Kitchen**
 August 7-11
 Mem \$200 Non-Mem \$220

Baking and making healthy treats! Your kids will mix, mold, bake and eat their goodies. Lil' Chefs will learn kitchen safety and healthy eating habits! Fun will go beyond the kitchen when we pack and enjoy our very own picnic lunch!

6 **Everyday Heroes**
 August 14-18
 Mem \$185 Non-Mem \$205

Join us for a week of saluting all of our everyday heroes. From doctors to firefighters to the police who protect us and our family, campers will explore everyday heroes and learn they too can be a hero. Local heroes will also visit.

FULL DAY CAMPS

9am-3pm

Jr. Dynomos (Ages 4-5) **NEW!**

OB BC AC L S

Mem \$225 Non-Mem \$295

Jr. Dynomos is available 11 weeks this summer for boys & girls ages 4-5. Campers will follow a daily schedule which includes a variety of indoor and outdoor activities, games, team building, arts & crafts, open swim, and optional swim lessons. Campers will engage in growing a summer garden where all campers will take part week-to-week in nurturing our summer garden. Check-in for Jr. Dynomos will be upstairs Dance Studio 2.

One Day Passes are Available for Purchase.

A Typical Day Includes:

- Water Games / Swim
- Silly Science
- Snack
- Arts & Crafts
- Lunch
- Garden Time
- Outdoor Games



Camp Dynamite (Ages 6-13)

OB BC AC L S

Mem \$225 Non-Mem \$295

Camp Dynamite is available 11 weeks this summer offering fun daily adventures for boys & girls ages 6-13. Each week will be packed with a variety of games & activities including: gaga, basketball, volleyball, golf, tennis, badminton, gymnastics, soccer, flag football, dodgeball, foursquare, lacrosse & more. Campers will swim daily (weather permitting). For an additional fee, campers can register for a 30 min. individual swim lesson.

One Day Passes are Available for Purchase.

A Typical Day Includes:

- Free Indoor Play
- Sports Choice
- Snack
- Outdoor Games
- Lunch
- Outdoor Swim
- Sports Choice



31 **Musical Theatre** **31**

Aug 7-11 **OB BC L AC** Aug 14-18
 Ages 6-9 Mem \$225 Non-Mem \$255 Ages 10-15

Campers will learn how to create a character through dancing, singing, and acting, all taught by experienced theatre professionals. Students will fine tune their performance skills and gain an understanding of the behind-the-scenes aspects of producing a musical. Families are invited to the big Broadway-style show on Friday! Aug 7-11 Camp will perform Cinderella and the Aug 14-18 Camp will perform Little Shop of Horrors.



Registration Form

CAMPER'S NAME _____

_____/_____/_____
BIRTH DATE AGE SEX HEALTHQUEST MEMBER YES NO

PARENT/GUARDIAN NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

E-MAIL ADDRESS _____

DAYTIME PHONE _____ CELL PHONE _____

EMERGENCY CONTACT

NAME OF FAMILY PHYSICIAN _____ PHONE _____

MEDICAL INSURANCE CARRIER _____ POLICY # _____

“PICK-UP PASSWORD” : _____

TO REGISTER, PLEASE FILL OUT THE “WORKSHEET,” “HEALTH FORM,” AND “REGISTRATION FORM” LOCATED IN THIS BROCHURE.

COMPLETED FORMS & PAYMENT CAN BE RETURNED 1 OF 2 WAYS:

DROP OFF OR MAIL TO: HEALTHQUEST SUMMER CAMP
310 HWY 31 N, FLEMINGTON, NJ 08822

EMAIL TO: SCAN ALL FORMS & EMAIL TO INFO@CAMPDYNAMITE.COM

HELP? CALL THE CAMP DIRECTOR AT 908.782.4009, EXT. 234

PAYMENT METHOD (No Checks unless paid in full):

HealthQuest Member Club Charge # _____ Credit Card

CARDHOLDER'S NAME _____

CC# _____ EXP DATE _____

Your Signature below authorizes collection of final payment, using the same method that was used for your deposit. Registration forms received after 6pm the Thursday before camp begins are subject to a \$25 late fee. Final payments received after May 25, 2017 are subject to a \$25 late fee per camp. I have read & agreed to the terms of the Registration & Refund Policies provided in the 2017 camp brochure. Camp Deposits are Non-Refundable.

SIGNATURE _____ DATE _____

Health Form

SEASONAL ALLERGIES - LIST _____

TREATMENT _____

FOOD ALLERGIES - LIST _____

DATE OF LAST IMMUNIZATIONS _____ DATE OF LAST TETANUS _____

GENERAL HEALTH INFORMATION

Does your child experience frequent: (Check all that apply)

- Headache
- Ear Infection
- Stomach Virus/Flu
- Strep/Sore Throat
- Respiratory Infections

Recent Medical Attention or Serious Injuries: _____

Recent Psychiatric Counseling or Hospitalization: _____

Disability or Chronic/Recurring Illness: _____

RECOMMENDATIONS & RESTRICTIONS WHILE AT CAMP

Restricted activities or physical limitations of camper: _____

Suggestions or health-related information: _____

Any medication to be administered at camp (Authorization forms must be completed separately): _____

Behavioral or emotional information: _____

Dietary Restrictions: _____

HEALTH HISTORY STATEMENT

This health history is correct to the best of my knowledge, and the camper listed above has permission to engage in all camp activities without limitations except noted.

EMERGENCY AUTHORIZATION

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, to secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the person named above. This form may be photocopied for use out of camp.

Signature: _____ Date: _____

Registration Information



Payment Schedule

We require a \$50 non-refundable deposit for each camp with a completed registration form. Completed forms will be processed on a first come, first serve basis until all openings are filled. Camps fill up quickly, so please send your enrollment & deposit early to avoid disappointing your camper!

The total balance for all summer camps is due by May 25, 2017. Anyone registering after May 25th must pay in full at time of registration. All unpaid balances will be automatically collected on May 25, 2017. Any declined or overdue payments are subject to a \$25 per camp late fee. Your signature on the registration forms authorizes HealthQuest to collect final payment using the same payment method that was used for your deposit unless another method is specified.

Registration & Refund Policies

To receive the HQ Member camp rate, campers must be an active member at the time of registration. Once a camper is enrolled in a camp & payment in full has been received, there is a \$25 fee to transfer to another camp. The fee will be waived for medical reasons evidenced by a doctor's note.

We will refund your payment, less the initial \$50 deposit per camp, if cancellation is made prior to June 10, 2017. Refund requests after June 10th will only be issued due to child's injury or extended illness, evidenced by a doctor's note. Refunds will be prorated based on the length of your child's attendance. **All refund requests must be made within 14 days of your child's injury or illness.** All requests are subject to review by the Camp Directors. See a Program Desk associate to complete a refund request form.

Email confirmation will be sent confirming final payments & our Federal Tax ID number for your records.

Visit healthquest-fitness.com for a complete list of required camp items & medical authorization forms.

CAMP DAY PASS

Need Just One Day of Jr. Dynamos or Camp Dynamite?

HQ Members \$45/Day
Non-Members \$60/Day

Bring Your Lunch & Bathing Suit!
Day Passes are Available for Purchase,
Call 908-782-4009 ext. 234 for Details.

