



Warm-Up

Bagel	\$2.50
<i>Butter, cream cheese or peanut butter available.</i>	
Muffin	\$2.50
Cereal	\$2.00

Homemade Soup Du Jour



Pint \$5.00 Quart \$8.50

Grab N' Go

Made Fresh Daily

Check Our Display Counter For Delicious Ready-to-Eat Sandwiches, Sides & More!

Breakfast Sandwiches

Egg Sandwich	\$3.00
Egg & Cheese Sandwich	\$3.25
Sausage, Egg & Cheese	\$4.25
Bacon, Egg & Cheese	\$4.25
Pork Roll, Egg & Cheese	\$4.25
Egg White with Avacado, Tomato & Spinach	\$5.95
Egg White with Sausage, Tomato & Spinach	\$5.95



Fresh Garden

Salad Bar \$8.50/lb.

Our fully stocked salad bar is self-serve and kept fresh all day. Specialty Salads Change Daily

Kids Menu



Omelet Creations

Egg Cheese Omelet	\$5.95
Egg White Omelet	\$6.95
Questern Omelet	\$7.95

<i>Extra</i>	<i>Bacon</i>	<i>American Cheese</i>	<i>Broccoli</i>	<i>Spinach</i>
<i>Fillings</i>	<i>Ham</i>	<i>Cheddar Cheese</i>	<i>Mushrooms</i>	<i>Tomatoes</i>
<i>\$1.50 ea.</i>	<i>Turkey Sausage</i>	<i>Feta Cheese</i>	<i>Onions</i>	
		<i>Swiss Cheese</i>	<i>Peppers</i>	<i>Avocado (\$1.75)</i>

Made to Order Deli Sandwiches

If we have it, we can make it!

Chicken Salad	\$6.50
Tuna Salad	\$6.50
Egg Salad	\$4.50

Choice of Rye, White, Whole Grain, Sub Roll, Assorted Wraps and Gluten-Free Wraps

PB & J Sandwich	\$2.00
Macaroni & Cheese	\$4.95
Mozzarella Sticks	\$4.95
Grilled Cheese	\$4.95
Personal Pizza	\$4.95
Chicken Tenders	\$4.95
Chicken Quesadilla	\$6.95

ALL ITEMS ARE TAXABLE.

Freshly
Squeezed

Juices



16 oz. \$6.95
20 oz. \$8.50

Golden Glow

Apples, Oranges, Ginger

The Smurf

Blueberries, Apples, Lemon, Spinach, Blackberries

Mean Green Juice

Cucumbers, Celery, Apples, Kale, Lemon, Ginger

Sweet Beet Blood Builder

Beets, Carrots, Apples, Parsley, Ginger

Red Spark Energy

Grapefruit, Oranges, Strawberries, Blackberries

Bloat Away

Pineapple, Celery, Apples

Stress Down

Strawberries, Apples, Ginger

Protein Shakes

16 oz. \$6.50 20 oz. \$7.50

PB & J

Peanut Butter, Chocolate Protein, Honey, Strawberry & Choice of Milk

Simple Strawberry

Strawberries, Vanilla Protein & Choice of Almond or Coconut Milk

The Cust

Banana, Peanut Butter, Chocolate Protein, Honey & Choice of Milk

Cookies and Crème

Cookies & Crème Protein, Chocolate Syrup, Avocado & Choice of Milk

The Hulk

Spinach, Kale, Kiwi, Pineapple, Avocado, Agave, Vanilla Protein

Veggie Love

Pineapple, Coconut, Spinach, Kale, Avocado, Lemon, Banana and Vanilla Protein



Smoothies

16 oz. \$5.75 20 oz. \$6.75

Kiwi Refresh

Pineapple, Banana, Kiwi, Ginger, Yogurt and Choice of Coconut or Almond Milk

CJD

Strawberries, Raspberries, Grapefruit, Mint and Vanilla Yogurt

Sweet Sunrise

Raspberries, Oranges, Banana and Mango

Energizer

Mango, Banana, Blueberries, Chia Seeds, Honey & Yogurt

Pre-Game Boost

Strawberries, Raspberries, Banana, Pineapple, Orange Juice and Yogurt

Watermelon Breeze

Watermelon, Cucumber, Mint and Lemon Juice

Kids Smoothie \$5.25

12 oz. Shake Custom Made

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