

310 Hwy 31 N - Flemington, NJ
(908) 782-4009
hqfit.com

Like us on facebook for club news:
HealthQuest of Hunterdon

Please Dial (908) 782-4009, x301 for
Weather/Holiday Announcements.

INCLEMENT WEATHER POLICY

The club normally remains open unless
a State-of-Emergency is declared.

**Any Updates for
Programming /
Childcare / Group
Fitness will be
sent via email and
posted to social
media at 7:30am &
2:00pm as
necessary.**

Competitive Teams / HoopQuest

If practice/training time or competitions are
affected, Team Coaches will notify team
members about schedule changes.

HQ HealthQuest Fitness Club
Download Our Club App
to view the latest
schedules.

CLUB HOURS & INCLEMENT WEATHER POLICY

LAST UPDATED 10.8.2021

CLUB/FRONT DESK (x0)

REGULAR HOURS

MON-THU 5:00AM - 11:00PM
FRI 5:00AM - 10:00PM
SAT 6:00AM - 9:00PM
SUN 6:00AM - 9:00PM

HOLIDAY HOURS

6:00AM - 3:00PM

PROGRAM DESK (x233)

REGULAR HOURS

MON-FRI 9:00AM - 4:00PM
SAT 9:00AM - 12:00PM
SUN CLOSED

HOLIDAY HOURS

CLOSED

DEC 24TH & 31ST

CLOSED

MEMBER SERVICES

(x230/x231)

REGULAR HOURS

MON-THU 9:00AM - 8:00PM
FRI 9:00AM - 4:00PM
SAT-SUN 9:00AM - 1:00PM

HOLIDAY HOURS

CLOSED

DEC 24TH & 31ST

9:00AM - 3:00PM

INDOOR POOL (x258)

REGULAR HOURS

MON-THU 5:00AM - 10:00PM
FRI 5:00AM - 9:00PM
SAT 6:00AM - 8:00PM
SUN 6:00AM - 6:00PM

HOLIDAY HOURS

6:00AM - 2:00PM

DEC 24TH & 31ST

6:00AM - 2:30PM

KIDQUEST (x242)

REGULAR HOURS

MON-FRI 7:45AM - 1PM
MON-THU 3:30PM - 8:30PM
FRI 3:30PM - 7:30PM
SAT-SUN 7:45AM - 1:00PM

HOLIDAY HOURS

No CHILDCARE

DEC 24TH & 31ST

7:45AM - 12:00PM

KIDZONE CHECK-IN

(x234)

REGULAR HOURS

MON-THU 3:30PM - 8:30PM
FRI 3:30PM - 7:30PM
SAT-SUN 7:45AM - 1:00PM

HOLIDAY HOURS

No CHILDCARE

DEC 24TH & 31ST

7:45AM - 12:00PM

FITNESS DESK (x248)

REGULAR HOURS

MON-FRI 6:00AM - 8:00PM
SAT 7:00AM - 1:00PM
SUN 8:00AM - 1:00PM
OR BY APPOINTMENT ONLY

HOLIDAY HOURS

7:00AM - 3:00PM

CLOSED DEC 25TH

DEC 24TH & 31ST

7:00AM - 3:00PM

SPORT CENTER

BASKETBALL COURTS
LIMITED AVAILABILITY
SEE POSTED SCHEDULE

ZEN BOWLS (x270)

MON-FRI 8:00
SAT 9:00AM - 3:00PM
SUN CLOSED

OTHER OFFICE	AQUATICS	DANCE	GROUP FITNESS	GYMNASICS	MARTIAL ARTS	PILATES STUDIO	THE GARAGE
PHONE EXTENSIONS:	(x250)	(x228)	(x259)	(x257)	(x238)	(x280)	(x284)

HOLIDAYS: NEW YEAR'S DAY, EASTER SUNDAY, MEMORIAL DAY, INDEPENDENCE DAY, LABOR DAY, THANKSGIVING DAY, CHRISTMAS DAY

Phone extensions are listed in (. All hours and policies listed are subject to change without notice. Please use this sheet as a guide.

CLUB SHORTCUTS

- ▶ Club Hours
- ▶ Important Links
- ▶ Announcements
- ▶ Upcoming Events
- ▶ Promotional Deals
- ▶ Subscribe to E-Newsletter
- ▶ Send Feedback & MORE!

