

Progressive Dance Class Schedule: Classes begin September 13, 2021

All 'Recreational' classes ages 4 & up are considered Progressive dance classes. Progressive dance classes are to be attended once per week culminating in a dance performance to be held in June

You & Me Age 2					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10:30-11:00(2) Dance with Me Miss Stephanie				
Age: 3 years					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:30-10:00am (3) Mini Movers Miss Maryann	9:30-10:00am (2) Mini Movers Miss Stephanie		10:30-11:00am (3) Mini Movers Miss Sammie		9:00-9:30am(3) Mini Movers Miss Emma/Hailey
					9:45-10:15am(3) Mini Movers Miss Emma/Hailey
Ages 4/5					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:15-11:00am (4) Ballet Miss Maryann	10:15-11:00am (4) Tap/Jazz Miss Maryann	4:30-5:15pm (3) Creative dance Miss Annette	5:30-6:15pm (3) Tap/Jazz Miss Annette		9:00-9:45am (2) Tap/Jazz Miss Annette
4:30-5:15pm (2) Ballet Miss Annette	5:30-6:15pm (3) Tap/Jazz Miss Maryann				
Kindergarten					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30-6:15pm (3) Tap/Jazz Miss Alex	4:30-5:15pm (3) Ballet Miss Maryann	5:30-6:15pm (3) Tap/Jazz Miss Annette	4:30-5:15pm (3) Ballet Miss Sammie		9:00-9:45am (4) Ballet Miss Maryann
	6:30-7:15pm (3) Ballet Miss Annette				10:00-10:45am (2) Tap/Jazz Miss Annette
Ages 6-8 years					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:30-5:15pm (2) Tap Miss Annette	6:30-7:15pm (3) Jazz Miss Annette	5:30-6:15pm (4) Jazz Miss Alex	4:30-5:15pm (4) Contemporary Miss Alex	10:00-10:45am (4) Ballet Miss Maryann
	4:30-5:15pm (4) Lyrical Miss Cici			5:30-6:15pm (2) Baton Miss Chrissy	11:00-11:45pm (2) Tap Miss Annette
	5:30-6:15pm (4) Hip Hop Miss Cici				
Ages 9-12					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:30-5:30pm (5) Hip Hop Miss Sammie	4:30-5:30pm (4) Ballet Miss Maryann	4:30-5:30pm (2) Tap Miss Annette	5:30-6:30pm (4) Contemporary Miss Alex	
	6:30-7:30pm (2) Lyrical Miss Cici		6:30-7:30pm (4) Jazz Miss Cici	6:30-7:30pm (2) Baton Miss Chrissy	
Ages 13+					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:30-7:30pm (2) Int Tap Miss Annette	4:30-5:30pm (5) Hip Hop Miss Sammie	4:30-5:30pm (4) Ballet Miss Maryann	4:30-5:30pm (2) Tap Miss Annette	5:30-6:30pm (4) Contemporary Miss Alex	
	6:30-7:30pm (4) Lyrical Miss Cici		6:30-7:30pm (4) Jazz Miss Cici	6:30-7:30pm (2) Baton Miss Chrissy	
2021-2022 Calendar					
<u>Mon Sept 13th</u>	Classes Begin		<u>February 19-21st</u>	No classes Presidents weekend	
<u>Wed Nov 24th</u>	No Class after 12:00 noon		<u>Apr 15-24th</u>	No classes Spring Break	
<u>Thanksgiving</u>	No Class Nov 25-28th		<u>May 28-30th</u>	No classes Memorial weekend	
<u>Winter Break</u>	No Classes Dec 24th-Jan 2nd		<u>June 10th</u>	Last day of classes	
<u>Dress rehearsal</u>	Tuesday June 7th and Thursday June 9th		<u>June 11th</u>	Dance recital	

*QDynamics Dance Company*

QDynamics Dance Company is HealthQuest's Elite, competitive dance training program for dancers who want to take their dancing to the next level. Our dancers train intensely year round and compete regionally as well as nationally

<i>Novice</i>					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:30pm (2) Ballet 1/2 Miss Alex	4:30-5:30pm (2) Tap Miss Annette	4:30-5:30pm (2) Ballet 1/2 Miss Alex	4:30-5:30pm (4) Contemporary Miss Alex		12:00-2:00pm QDynamics rehearsal (2,4,MR)
5:30-6:30pm (4) Acro J&T Miss Sammie			5:30-6:30pm (4) Jazz Miss Alex		Check team up app

<i>Intermediate/Advanced</i>					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30-5:30pm (4) Ballet 2/3 Miss Maryann	5:30-6:30pm (5) Tap Miss Annette	5:30-6:30 (2) Ballet 2/3 Miss Alex	4:30-5:30pm (5) Contemporary Miss Cici		11:45-12:30pm (2) PBT Miss Alex
6:30-7:30pm (4) Jazz Miss Sammie	6:30-7:30 (2) Modern Miss Alex	6:30-7:30 (2) Jumps&turns Miss Alex/Sammie	5:30-6:30pm (2) Acro dance Miss Sammie		1:00-5:00pm QDynamics rehearsal (2,4,MR)
					Check team up app

<i>Elite</i>					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:30-6:30pm (2) Tap Miss Annette	5:30-6:30pm (5) PBT Miss Alex	5:30-7:00pm (2) Ballet Miss Maryann	5:30-6:30pm (5) Contemporary Miss Cici		11:00-12:30pm(4) Ballet Maryann/Christina
7:30-8:45pm (4) Rehearsals/Contemporary fusion Miss Sammie	7:30-8:45pm (4) Modern/rehearsal Sam/Alex	7:00-8:30pm (4) Jazz/rehearsal Miss Alex	6:30-7:30pm (5) Acro/J&T Miss Sammie		1:00-5:00pm QDynamics rehearsal (2,4,MR)
					Check team up app