

# FALL 2022 SWIM LESSONS

*Group • Semi-Private • Private*



Each Session Consists of Six Weekly 30-Minute Lessons

*Non-Members Welcome!*

**SESSION 1: SEPT 19 - OCT 30**

**SESSION 2: NOV 8 - DEC 30**

**PRIORITY REGISTRATION**

**STARTS SEPT 1\***

**OPEN REGISTRATION**

**STARTS SEPT 8**

**PRIORITY REGISTRATION**

**STARTS OCT 17\***

**OPEN REGISTRATION**

**STARTS OCT 24**

\*For current swim lesson students only



**HEALTHQUEST**  
FITNESS CLUB

**Register through the Aquatics Office**

Questions? Email [aquatics@hqfit.com](mailto:aquatics@hqfit.com) or call (908) 782-4009, Ext. 250

Please scan the code below to fill out the online  
**Swim Lesson Registration Request Form**





# FALL 2022 SWIM LESSONS

## SESSION 1: SEPT 19 - OCT 30

**PRIORITY REGISTRATION STARTS SEPT 1\***

**OPEN REGISTRATION STARTS SEPT 8**

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### GROUP LESSON SCHEDULE (SUBJECT TO CHANGE)

Mondays w/ Jessica		Tuesdays w/Carolyn		Wednesdays w/Justin	
5:30	Guppy	5:30	Guppy	5:30	Lil Dipper
6:00	Noodlefish	6:00	Noodlefish	6:00	Dolphin
6:30	Muddskipper	6:30	Mini Me	6:30	Shark
7:00	Lil Dipper			7:00	Flipper

Thursdays w/ James		Fridays w/ James		Saturdays w/ James	
5:30	Guppy	5:30	Guppy	10:00	Guppy
6:00	Noodlefish	6:00	Noodlefish	10:30	Tadpole & Me
6:30	Muddskipper	6:30	Tadpole & Me	11:00	Mini Me
7:00	Lil Dipper	7:00	Dolphin	11:30	Muddskipper
				12:00	Lil Dipper

Sundays w/Shayna	
10:00	Guppy
10:30	Noodlefish
11:00	Muddskipper
11:30	Lil Dipper

### DATES FOR FALL SESSION 1: SEPT 19 - OCT 30

Fall	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Sept	19	20	21	22	23	24	25
	26	27	28	29	30	1	2
Oct	3	4	5	6	7	8	9
	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
Nov	31	1	2	3	4	5	6
	7						
= NO LESSONS				= MAKE UP WEEK			

#### 6 WEEK SESSION RATES:

	HQ Mem	Guest
Group	\$120.00	\$146.25
Private	\$228.00	\$264.00
Semi-Private	\$180.00	\$211.50

#### W/ JAMES OR JEAN:

	HQ Mem	Guest
	\$147.75	\$161.25
	\$264.00	\$270.00
	\$210.00	\$213.75

#### SESSION 2: NOV 8 - DEC 30

PRIORITY REGISTRATION STARTS OCT 17\*

OPEN REGISTRATION STARTS OCT 24

Session 2 Schedule is subject to change

#### Cancellation Policy

- Cancellations under 12 hour's notice will not be given a makeup, refund or credit
- No refunds will be given after the session has started
- Classes must have 3 participants. If less than 3 are registered, the class will be removed from the schedule
- Class days, times, and instructors are subject to change
- 1 Make up will be given, regardless of how many times class is missed