



POLICIES & PROCEDURES

Please follow all general policies to ensure the safety and well-being of all our Members:

- All posted rules and regulations must be followed at all times
- Coolers are permitted, however, glass containers are strictly prohibited inside the pool area
- Swim Club members under the age of 13 must be accompanied by a parent or guardian that is over 18 years old. That parent/guardian must remain at The Swim Club at all times.
- Personal stereos are not allowed poolside
- Alcohol consumption is strictly prohibited
- Please note that HQ Summer Camps will be utilizing the outdoor pool Mon-Fri during the following times:
 - 11:00am - 12:00pm - Children's Pool Section
 - 1:00pm - 2:30pm - Both Pool Sections

GUEST FEES AND POLICIES

Swim Club Members may bring guests with them for the following fees:

<u>Weekday Guest</u>	<u>Weekend/Holiday Guest</u>
\$15 Per Adult	\$20 Per Adult
\$10 Per Child (under 18)	\$15 Per Child (under 18)

Note: Guests are not permitted without being accompanied by a Swim Club Member.

INCLEMENT WEATHER NOTICES

In the event of inclement weather, please check the HealthQuest Facebook page (@HealthQuestNJ) for up-to-the-minute information on closures due to weather. In the event of thunder, The Swim Club is required to close and remain closed until the storm has passed and thunder has not been heard for a minimum of 30 minutes. The HealthQuest Front Desk will also be informed of all closures or temporary closures of the outdoor pool.



RULES

All Persons must shower before entering the water

Outdoor bathing shall be prohibited during an electrical storm; a brief intermission will be administered during the strikes for safety. No person will be permitted on the deck or in the pool.

Swim Club members under the age of 13 must be accompanied by a parent or guardian that is over 18 years old. That parent/guardian must remain in the Swim Club at all times.

No running, hitting, or disruptive behavior in or around the pool area

Refrain from standing on the wall separating the pools

Do not hang on lane lines, stair railings, diving blocks or the lifeguard stands

Diving platforms are for Swim Team use only

For your safety, no flips, back dives or twists from the edge of the pool

Only HQ Aquatics approved equipment is permitted in the pool

All persons entering The Swim Club must adhere to all the rules and regulations enforced by Lifeguards

Any person showing evidence of any communicable disease, sore or inflamed eyes, cold, nasal or ear discharge, or any other communicable disease should not come to the pool and shall be denied admission.

Any person with excessive sunburn, open blisters, cuts or bandages shall be denied admission

Do not enter the water if you are experiencing or recovering from gastrointestinal (stomach) issues in the past seven days

All non-toilet trained children must wear a swim diaper

Children should be encouraged to use the restroom before entering the water. Immediately report any "accidents" you observe in the bathing waters to a Lifeguard

No animals, except for service animals, shall be allowed in the swimming pool, wading pool, dressing rooms or other parts of the enclosure

No glass containers shall be permitted on the pool deck

Conduct which endangers the safety and comfort of others shall be prohibited

Persons suspected of being under the influence of drugs or alcohol shall be prohibited from entering The Swim Club

The use of tobacco products are not permitted on the HealthQuest campus

DIVING INTO SHALLOW WATER IS EXTREMELY HAZARDOUS. Please jump feet first into the shallow end of the pool. Diving is only permitted into the deep end of the pool

Pool lounges, chairs, tables, etc. must be left where they are currently placed.

Refrain from sharing water play equipment with others besides immediate family members, caretakers or household members.

Foot coverings are required within the bathroom and changing areas

MISTER TWISTER RULES & REGULATIONS

Mister Twister (flume water slide) opens one hour after The Swim Club opens and closes one hour before The Swim Club closes

Minimum height is 38"

Maximum weight is 300lbs

Patrons must go down the slide feet first

Patrons must be wet before entering the slide

Patrons must abide by six-foot distancing while in line – distance markers have been placed on stair handrails.