

# FALL SWIM LESSONS

GROUP • SEMI-PRIVATE • PRIVATE



Each Session Consists of Eight Weekly 30-Minute Lessons

## SESSION DATES: SEPT 10 - NOV 4

**PRIORITY REGISTRATION STARTS AUG 23\***

**OPEN REGISTRATION STARTS AUG 30**

\*For current swim lesson students only

**Non-Members  
Welcome!**



**HEALTHQUEST**  
FITNESS CLUB

**Register through the Aquatics Office**

Questions? Email [aquatics@hqfit.com](mailto:aquatics@hqfit.com) or call (908) 782-4009, Ext. 250

SCAN TO  
SUBMIT AN  
INQUIRY





# FALL 2023 SWIM LESSONS

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## GROUP LESSON SCHEDULE (SUBJECT TO CHANGE)

<b>Mondays</b> w/Miranda	<b>Mondays</b> w/Queila	<b>Tuesdays</b> Ksenya	<b>Wednesdays</b> w/Queila
5:30 Guppy	5:30 Mini Me	5:30 Noodlefish	5:30 Guppy
6:00 Noodlefish	6:00 Lil Dipper	6:00 Mudskipper	6:00 Noodlefish
6:30 Muddskipper	6:30 Dolphin	6:30 Lil Dipper	6:30 Muddskipper

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<b>Thursdays</b> w/Chloe	<b>Fridays</b> w/Queila	<b>Fridays</b> w/Alexander	<b>Fridays</b> w/Chloe
5:30 Guppy	11:00 Tadpole & Me	5:30 Lil Dipper	5:30 Guppy
6:00 Noodlefish	11:30 Guppy	6:00 Dolphin	6:00 Noodlefish
6:30 Lil Dipper	12:00 Noodlefish	6:30 Shark	6:30 Mini Me

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<b>Saturdays</b> w/Connor	<b>Saturdays</b> w/Miranda	<b>Sundays</b> w/Shayna	<b>Sundays</b> w/James
10:00 Muddskipper	10:00 Guppy	10:00 Guppy	10:00 Tadpole & Me
10:30 Lil Dipper	10:30 Noodlefish	10:00 Noodlefish	10:30 Guppy
11:00 Dolphin	11:00 Muddskipper	11:00 Muddskipper	11:00 Noodlefish
11:30 Shark	11:30 Lil Dipper	11:30 Lil Dipper	11:30 Tadpole & Me

## 8 WEEK SESSION RATES:

	<u>HQ Mem</u>	<u>Guest</u>
Group	\$160	\$195
Private	\$304	\$352
Semi-Private	\$240	\$282

## w/ James/Queila/Connor:

<u>HQ Mem</u>	<u>Guest</u>
\$197	\$215
\$352	\$360
\$280	\$285

## DATES FOR FALL 2023 SESSION:

Fall 2023	Sun	Mon	Tue	Wed	Thur	Fri	Sat
<b>September</b>	10	11	12	13	14	15	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
<b>October</b>	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	21
<b>November</b>	29	30	31	1	2	3	4
	5	6	7	8	9	10	11
= NO LESSONS				MAKE UP WEEK			

### Cancellation Policy

- Cancellations under 12 hour's notice will not be given a makeup, refund or credit
- No refunds will be given after the session has started
- Classes must have 3 participants. If less than 3 are registered, the class will be removed from the schedule
- Class days, times, and instructors are subject to change
- 1 Make up will be given, regardless of how many times class is missed