



2024

Ages

3-6

Summer
Camp



Camp Options and Discounts

Option Details / Descriptions

OB Options Bundle – Camp Dynamite \$160/week - Specialty Camp \$260/week - Includes :

BC - Before Care 7:30-9am

L – Lunch

PM - Extends day to 3pm

AC - After Care 3-6pm

BC BC - Before Care 7:30-9am \$10/day - \$50/week

L L - Lunch \$60/week

PM PM - PM Extension 12-3 pm - **Only needed for Specialty camps** -

7-12yr old campers will swim, 3-6yrs will not swim

AC AC - After Care 3-6pm \$20/day - \$100/week

Swim Lessons – 30 min lesson Mon-Thurs. Lessons occur during camp pool time.

Camp Type and Time frame		Eligible options					
		OB	BC	L	PM	AC	Swim Lessons
Full Day Camp Dynamite	9-3pm	✓	✓	✓		✓	✓
½ Day Camp Ages 3-6yrs	9-1pm		✓				✓
½ Day Camp Ages 7-12yrs AM	9-12pm		✓				
½ Day Camp Ages 7-12yrs PM	12-3pm			✓		✓	✓
Specialty Camp 4-6yrs	9-12pm	✓	✓	✓	✓	✓	
Specialty Camp 7-12yrs	9-12pm	✓	✓	✓	✓	✓	✓

Camp Discounts

No Discounts on any registrations received after July 15, 2024

1 Discount per child, cannot be combined with any other discounts/offers (i.e. Buddy Pass, multi child/week).

Discounts are applied to the base price of camp only.

Camp Options are not eligible for discounts.

Multi Child Discounts –

2nd child 5% discount

3rd child 8% discount

Additional children 10% discount

Multi Week Discounts - Multi Week Discounts are incremental not retroactive.

3-4 weeks - 5% discount

5-6 weeks - 8% discount

7+ weeks - 10% discount



Camper Name _____

Add Camp/Specialty Camp Totals First

Full Day Camp Dynamite Total _____(1a)

Specialty Camp Total + _____(2a)

Camps Sub-total = _____

Less Discount (1 discount per camper)

☐ Multi week or ☐ Multi child _____%

- _____

Camp Dynamite / Specialty Camp Total = _____**Add Camp/Specialty Options**

Full Day Camp Dynamite Options total + _____(1b)

Specialty Camp Options total (include Material Fees) + _____(2b)

Full Day & Specialty Camp Options Total = _____**Calculate Final Totals , Discount and Deposit (if applicable)****Camp Dyomite /Specialty Camp Total** _____**Full Day & Specialty Camp Options Total** + _____**Full Camp Total** = _____☐ Deposit Only Now (before 5/20/24) \$50 x _____ wks - \$ _____

Balance to be paid on 5/20/24 = \$ _____

or

☐ Paid in Full at time of enrollment (required after 5/20/24) Pay \$ _____**CAMP DISCOUNTS**No Discounts on any
Registrations/Add ons
received after 7/15/24**1 Discount Per Camper Only.**
Not applied to Camp Options.**Multi-Child**

2nd Child: 5% OFF

3rd Child: 8% OFF

Additional Child: 10% OFF

Multi-Week

3-4: 5% OFF

5-6: 8% OFF

7+: 10% OFF

DEPOSIT\$50 Deposit per
Full camp week
required on all
registrations prior
to 5/20/2024**½ Day Camp** * *(not eligible for discount) *Must be Paid in full at time of enrollment*

½ Day Camp Total + _____(3a)

½ Day Camp Options + _____(3b)

½ Day Camp Total = _____ ***Paid in full at enrollment***



Registration and Health Form

Camp Year _____

Camper's Name: _____ DOB: ____/____/____ Age: _____ Sex: M F

Pick Up Password: _____ Is the Camper a Current HQ Member ☐ Yes ☐ No

Parent/Guardian's Name: _____ Phone: (c) _____

Street Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____ @ _____

Alt. Emergency Contact: _____ Phone: _____

EMERGENCY AUTHORIZATION

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, to secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the person named above. This form may be photocopied for use outside of camp.

A COPY OF YOUR CHILD'S MOST RECENT IMMUNIZATION MUST ACCOMPANY FORM BEFORE REGISTRATION FORM CAN BE PROCESSED

☐ Food Allergies** _____ ☐ Medicine Allergies _____

☐ Dietary Restrictions _____ ☐ Asthma** _____

** Action Plans & Authorization forms must be submitted with camp registration

Is there anything we should know about your child to make their camp experience better? _____

COMPLETED CAMP WORKSHEET MUST ACCOMPANY THIS FORM

DROP OFF OR MAIL TO: HQ CAMP - C/O PROGRAM DESK - 310 HWY 31 NORTH - FLEMINGTON, NJ 08822
OR EMAIL FORMS TO: CAMP@HQFIT.COM

PAYMENT AMOUNT*: \$ _____ (no checks accepted) ☐ Paid in FULL or ☐ Deposit only (before 5/20/24)

*Deposit of \$50 per week for full day and specialty camps required if registering before May 20, 2024.

*Payment in full due at time of registration for all ½ day camps.

If accepted, ALL enrollments received after 12pm the Thursday before the camp week begins are subject to a \$25 late fee.
Camp changes after registration are subject to a \$25 per week switch fee.

☐ HQ Member Club Charge (CC on File) ☐ Card Below (Members deposit only, Non-Members for all payment)

HQ Members - On May 20, 2024, any outstanding Camp Balance will automatically be charged as part of the club's monthly billing using the primary credit card on file regardless of payment choice on this form.

Non-Members all outstanding camp balances will be charged to the credit card provided below on May 20, 2024.

CARDHOLDER'S NAME CC# CVV /
EXP

Your Signature below authorizes HealthQuest to collect all necessary camp payments. **All Camp Deposits and Payments are Non-Refundable once registration is accepted and processed.**

SIGNATURE

DATE



HealthQuest Camp Media Consent Form

I hereby give HealthQuest, its employees, and those acting with its authorization the right and permission to copyright, use, and/or publish my photographic images and/or quotes in promotional materials, which include press releases, videos, catalogs, magazines, brochures, information sheets, and the HealthQuest web site.

I hereby waive any right to inspect or approve the finished videos, photographs, advertising copy, or printed matter that may be used in conjunction therewith or to the eventual use that might be applied.

I hereby warrant that I am competent to contract in my own name insofar as the above is concerned.

A parent or guardian must sign the release if the individual photographed is under 18 years of age.

I have read the foregoing release, authorization, and agreement before affixing my signature below, and warrant that I fully understand the contents thereof.

☐ I authorize HealthQuest to photograph my child as named below

☐ I **DO NOT** authorize HealthQuest to photograph my child as named below

Participant's Name: _____

Address: _____

City: _____ Zip Code: _____

Phone: _____

Parent/Guardian Signature _____

Thank you for allowing us to share your experience with others!
Camp Dynomite



INDOOR/OUTDOOR POOL - Waiver / Release of Liability

Copies of Swim Liability Waiver must be submitted to Aquatics Director, or HealthQuest representative overseeing the event.

All Swimmers must listen to a brief presentation by a HealthQuest Lifeguard regarding Pool/Slide Rules and Safety Procedures during first visit.

Please read carefully before signing.

This is a release of liability and waiver of certain legal rights. I, _____, the parent/guardian of the participant(s) and/or enrolled participant(s), agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to paralyzing injuries and death. The participant(s) hereby agrees to participate in the water activities and hereby agrees to indemnify and hold harmless HealthQuest of Hunterdon LLC, its coaches, instructors, directors, agents and employees against any liability resulting from any injury that may occur to the participant(s) while participating in swim lessons, open swim, lap swimming, water fitness, private party, or other activities HealthQuest of Hunterdon LLC. The participant(s) also agrees to indemnify HealthQuest of Hunterdon LLC for any damages incurred arising from any claims, demand, action or cause of action by the participant(s). The participant(s) authorizes any representative of HealthQuest of Hunterdon LLC to have the participant treated in any medical emergency during their participation in any activity while at HealthQuest LLC. Further, the participant(s) and /or parent/guardian agree to pay all costs associated with medical care and transportation for the participant. I have noted below any medical/health problems of which the staff should be aware.

SWIM LEVEL OF THE PARTICIPANT:

Participants NAME: _____ AGE: _____

_____ Beginner (Must be able to swim independently with a floatation device on, if not, parent or guardian must accompany the swimmer in the water.)

_____ Intermediate (Must be able to pass a basic swim test with Lifeguard, floatation device not required)

_____ Advanced (If under the age of 13, must take part in a basic swim test with Lifeguard)

_____ I give my child permission to choose not to swim on any given day - your child will be required to go to the pool if this is not checked.

If Swimmer "Participant" is deemed "Beginner", the "Participant" must see HealthQuest Lifeguard for a Swim Test, prior to entering the water, to ensure that they are able to navigate the pool free of floating device. If floating device is deemed appropriate, "Participant" must maintain floating device at all times in, or near water. We suggest that Intermediate Swimmers remain in areas of the pool in which their feet are able to maintain contact with the bottom of the pool. Advanced Swimmers should use their best judgement.

By signing, I indicate that I have, read, understand and accept the conditions of this document.

Emergency Contact Name: _____ Phone: _____

Signature: _____ Date: _____

 MEDICAL/HEALTH ISSUES WE SHOULD BE AWARE OF:



2024 Camp Dynamite Lunch

Monday

Chicken Fingers, Mozzarella Sticks, Watermelon,
Chips, Snacks, Juice

Tuesday

Pizza, Watermelon, Chips, Snacks, Juice

Wednesday

Choice of Chicken Burritos/Bowls/Tacos with
Cheese/Black Beans/Rice, Watermelon, Chips,
Snacks, Juice

Thursday

Pasta (Macaroni & Cheese, Buttered Noodles,
Penne Vodka), Watermelon, Chips, Snacks, Juice

Friday

Pizza, Watermelon, Chips, Snacks, Juice, KONA ICE!!

**lunch options subject to change*



Thank you for choosing HealthQuest, we look forward to seeing your children this summer!

Please submit all applicable Camp Worksheets and Required (*) paperwork to the Program Desk

Camp Paperwork Checklist

- ☐ Full Day Camp Worksheet
- ☐ ½ Day Camp Worksheet
- ☐ Specialty Camp Worksheet
- ☐ Camp Calculations Page
- ☐ Registration and Health Form*
- ☐ HealthQuest Media Consent Form*
- ☐ Swim Waiver*
- ☐ Most Recent Immunizations* (*Must accompany forms for enrollment to be processed*)
- ☐ Asthma Action Plan / EpiPen (*if applicable*)

Should you have additional questions about specific items/camps please contact:

3-6yr Old Camp Dynamite

Stacy Reasoner
reasoner@hqfit.com

7-12yr Camp Dynamite and Specialty Camps

Candace Bunnell
bunnell@hqfit.com

Camp Enrollment and Processing

Tracy StClair
programdesk@hqfit.com



Summer 2024 Camps at a Glance

	CAMP WEEK	Half Day Specialty 9am-12pm	Full Day 9am-3pm	Half Day (AM) 9am-12pm OR (PM) 12-3pm
WEEK #1	June 17-21		Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
			Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #2	June 24-28	DIGGIN FOR DINOS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		STEM CHALLENGES (6-12yrs)		
		SUPERHERO (4-7yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
		GIRLS GYMNASTICS (4-12yrs)		
WEEK #3	JULY 1-5	Holiday Week No Camp July 4	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
			Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #4	JULY 8-12	YOUNG ENGINEERS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		ARTS, CRAFTS & 3D DESIGN (6-12yrs)		
		COOKING CAMP (7-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #5	JULY 15-19	SCIENCE EXPLORERS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		PRINCESS CAMP (4-7yrs)		
		LEGO® WeDo & EV3 (7-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #6	JULY 22-26	CHEMICAL WIZARDRY (6-12yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		FLIGHT & MINI DRONES (7-12yrs)		
		MINIBOT & BATTLEBOTS ROBOTIC FUN (6-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #7	JULY 29-AUG 2	LEGO® BUILDING & MACHINES (6-12yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		BAKING CAMP (7-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #8	AUG 5-9	GIRLS GYMNASTICS (4-12yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		LEGO® ROBOTICS (6-12yrs)		
		COOKING CAMP (7-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #9	AUG 12-16	DIGGIN FOR DINOS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		NINJASTICS (4-12yrs)		
		SUPERHERO (4-7yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
		CHEMICAL WIZARDRY (6-12yrs)		
WEEK #10	AUG 19-23	DIGGIN FOR DINOS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		LEGO® BUILDING & MACHINES (6-12yrs)		
		BAKING CAMP (7-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite
WEEK #11	AUG 26-30	SCIENCE EXPLORERS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		FLIGHT & MINI DRONES (7-12yrs)		
		ARCHITECTURE AND ENGINEERING (6-12yrs)	Camp Dynomite (7-12 yrs)	Camp Dynomite

HealthQuest Fitness Club
310 Hwy 31 N ♦ Flemington, NJ
hqfit.com ♦ 908.782.4009, Ext. 234

CAMP OPTIONS INCLUDE:
Before Care (7:30-9AM), PM Camp (12-3PM),
Lunch, After Care (3-6PM), and Swim Lessons