



2024

Ages

7-12



# Camp Options and Discounts

## Option Details / Descriptions

**OB** Options Bundle – Camp Dynamite \$160/week - Specialty Camp \$260/week - Includes :

BC - Before Care 7:30-9am

L – Lunch

PM - Extends day to 3pm

AC - After Care 3-6pm

**BC** BC - Before Care 7:30-9am \$10/day - \$50/week

**L** L - Lunch \$60/week

**PM** PM - PM Extension 12-3 pm - Only needed for Specialty camps -

7-12yr old campers will swim, 3-6yrs will not swim

**AC** AC - After Care 3-6pm \$20/day - \$100/week

**Swim Lessons** – 30 min lesson Mon-Thurs. Lessons occur during camp pool time.

Camp Type and Time frame		Eligible options					
		OB	BC	L	PM	AC	Swim Lessons
Full Day Camp Dynamite	9-3pm	✓	✓	✓		✓	✓
½ Day Camp Ages 3-6yrs	9-1pm		✓				✓
½ Day Camp Ages 7-12yrs AM	9-12pm		✓				
½ Day Camp Ages 7-12yrs PM	12-3pm			✓		✓	✓
Specialty Camp 4-6yrs	9-12pm	✓	✓	✓	✓	✓	
Specialty Camp 7-12yrs	9-12pm	✓	✓	✓	✓	✓	✓

## Camp Discounts

No Discounts on any registrations received after July 15, 2024

**1 Discount per child**, cannot be combined with any other discounts/offers (i.e. Buddy Pass, multi child/week).

**Discounts are applied to the base price of camp only.**

**Camp Options are not eligible for discounts.**

**Multi Child Discounts –**

2<sup>nd</sup> child 5% discount

3<sup>rd</sup> child 8% discount

Additional children 10% discount

**Multi Week Discounts** - Multi Week Discounts are incremental not retroactive.

3-4 weeks - 5% discount

5-6 weeks - 8% discount

7+ weeks - 10% discount





Ages 7-12 Years

# 2024 HALF DAY CAMP WORKSHEET

9am-12pm or 12pm-3pm

Camper Name: \_\_\_\_\_

Age on June 20, 2024: \_\_\_\_\_

HealthQuest Member: Y / N

CAMP DYNO HALF DAY MORNING SESSION				
✓	HALF DAY CAMP 9AM - 12PM	CAMP DATES	HQ MEM	NON MEM
	Camp Dyno Week 1 - 1/2 Day AM	June 17-21	\$180	\$220
	Camp Dyno Week 2 - 1/2 Day AM	June 24-28	\$180	\$220
	Camp Dyno Week 3* - 1/2 Day AM	July 1-5* *No camp 7/4	\$145	\$180
	Camp Dyno Week 4 - 1/2 Day AM	July 8-12	\$180	\$220
	Camp Dyno Week 5 - 1/2 Day AM	July 15-19	\$180	\$220
	Camp Dyno Week 6 - 1/2 Day AM	July 22-26	\$180	\$220
	Camp Dyno Week 7 - 1/2 Day AM	July 29-Aug 2	\$180	\$220
	Camp Dyno Week 8 - 1/2 Day AM	Aug 5-9	\$180	\$220
	Camp Dyno Week 9 - 1/2 Day AM	Aug 12-16	\$180	\$220
	Camp Dyno Week 10 - 1/2 Day AM	Aug 19-23	\$180	\$220
	Camp Dyno Week 11 - 1/2 Day AM	Aug 26-30	\$180	\$220
(3a) Morning Half Day Camp Dynamite Total \$				

HALF DAY MORNING OPTIONS						
BC	INDIVIDUAL DAY BEFORE CARE \$10/day					Morning 1/2 Day Campers Will NOT Swim
\$50/wk	M	TU	W	TH	F	
						Add On Option
						BC Before Care 7:30-9am \$10/day \$50/week
						(3b) Morning Half Day Camp Options Total
						\$

CAMP DYNO HALF DAY AFTERNOON SESSION				
✓	HALF DAY CAMP 12PM - 3PM	CAMP DATES	HQ MEM	NON MEM
	Camp Dyno Week 1 - 1/2 Day PM	June 17-21	\$180	\$220
	Camp Dyno Week 2 - 1/2 Day PM	June 24-28	\$180	\$220
	Camp Dyno Week 3* - 1/2 Day PM	July 1-5* *No camp 7/4	\$145	\$180
	Camp Dyno Week 4 - 1/2 Day PM	July 8-12	\$180	\$220
	Camp Dyno Week 5 - 1/2 Day PM	July 15-19	\$180	\$220
	Camp Dyno Week 6 - 1/2 Day PM	July 22-26	\$180	\$220
	Camp Dyno Week 7 - 1/2 Day PM	July 29-Aug 2	\$180	\$220
	Camp Dyno Week 8 - 1/2 Day PM	Aug 5-9	\$180	\$220
	Camp Dyno Week 9 - 1/2 Day PM	Aug 12-16	\$180	\$220
	Camp Dyno Week 10 - 1/2 Day PM	Aug 19-23	\$180	\$220
	Camp Dyno Week 11 - 1/2 Day PM	Aug 26-30	\$180	\$220
(3a) Afternoon Half Day Camp Dynamite Total \$				

CAMP DYNO HALF DAY AFTERNOON OPTIONS									
L	AC	Swim Lesson \$95/wk	INDIVIDUAL DAY AFTER CARE \$20/day					Add On Options	
\$60/wk	\$100/wk		M	TU	W	TH	F		
								L Lunch \$12/day or \$60/wk	
								AC After Care 3-6pm \$20/day or \$100/wk	
								Swim Lessons \$95/wk Mon-Thur 30 Min Lessons	
								(3b) Afternoon Half Day Camp Options Total	\$

Half Day Camp Dynamite Totals to be carried over to Camp Calculations Page

(3a) Half Day Camp Dynamite Total \$ \_\_\_\_\_

(3b) Half Day Camp Options Total \$ \_\_\_\_\_

UPDATED 12/29/23

\*Enrollment after 12pm the Thursday before camp week begins subject to \$25 late fee.



Camper Name: \_\_\_\_\_

Age on June 20, 2024: \_\_\_\_\_

HealthQuest Member: Y / N

SPECIALTY (DISCOUNT ELIGIBLE)				
Half Day Specialty Camps 7-12 yrs		CAMP DATES	HQ MEM	NON MEM
✓	9AM - 12PM			
	Girls Gymnastics	June 24-28	\$239	\$269
	STEM Challenges	June 24-28	\$239	\$269
	Super Hero	June 24-28	\$239	\$269
	Arts, Crafts & 3D Design	July 8-12	\$239	\$269
	Cooking Camp	July 8-12	\$239	\$269
	LEGO WeDo & EV3	July 15-19	\$239	\$269
	Princess	July 15-19	\$239	\$269
	Chemical Wizardry	July 22-26	\$239	\$269
	Flight & Mini Drones	July 22-26	\$239	\$269
	Minibot Battle Bots & Robotic Fun	July 22-26	\$239	\$269
	Baking Camp	July 29-Aug 2	\$239	\$269
	LEGO Building & Machines	July 29-Aug 2	\$239	\$269
	Cooking Camp	Aug 5-9	\$239	\$269
	Girls Gymnastics	Aug 5-9	\$239	\$269
	Lego Robotics	Aug 5-9	\$239	\$269
	Chemical Wizardry	Aug 12-16	\$239	\$269
	Ninjastics	Aug 12-16	\$239	\$269
	Super Hero	Aug 12-16	\$239	\$269
	Baking Camp	Aug 19-23	\$239	\$269
	LEGO Building & Machines	Aug 19-23	\$239	\$269
	Architecture & Engineering	Aug 26-30	\$239	\$269
	Flight & Mini Drones	Aug 26-30	\$239	\$269
(2a) Specialty Camp Total		\$		

[illegible]

### Add On Options Key

**OB Options Bundle - \$160/week - Includes :**

BC - Before Care 7:30-9am

L - Lunch

PM - Extends day to 3pm - Camper will swim

AC - After Care 3-6pm

**BC - Before Care 7:30-9am \$10/day - \$50/week**

**L** - Lunch \$60/week

**PM** **PM** - PM Extension - extends day to 3pm - camper will swim

**AC - After Care 3-6pm \$20/day - \$100/week**

**Swim Lessons - \$95/week - M-Th - 30 min lessons**

\* Indicate choice of **INDIVIDUAL DAYS** (if **FULL** week **NOT** needed).

[illegible]

(2b) Add Individual Before/After Care total to 'Specialty Camp Options Total'	\$
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Specialty Camp Totals to be carried over to Camp Calculations Page

(2a) **Specialty Camp Total** \$ \_\_\_\_\_

(2b) **Specialty Camp Options Total** \$



Camper Name \_\_\_\_\_

**Add Camp/Specialty Camp Totals First**

Full Day Camp Dynamite Total \_\_\_\_\_ (1a)

Specialty Camp Total + \_\_\_\_\_ (2a)

Camps Sub-total = \_\_\_\_\_

Less Discount (1 discount per camper)

☐ Multi week or ☐ Multi child \_\_\_\_\_ % - \_\_\_\_\_**Camp Dynamite / Specialty Camp Total** = \_\_\_\_\_**Add Camp/Specialty Options**

Full Day Camp Dynamite Options total + \_\_\_\_\_ (1b)

Specialty Camp Options total (include Material Fees) + \_\_\_\_\_ (2b)

**Full Day & Specialty Camp Options Total** = \_\_\_\_\_**Calculate Final Totals , Discount and Deposit (if applicable)****Camp Dyomite /Specialty Camp Total** \_\_\_\_\_**Full Day & Specialty Camp Options Total** + \_\_\_\_\_**Full Camp Total** = \_\_\_\_\_☐ Deposit Only Now (before 5/20/24) \$50 x \_\_\_\_\_ wks - \$ \_\_\_\_\_

Balance to be paid on 5/20/24 = \$ \_\_\_\_\_

or

☐ Paid in Full at time of enrollment (required after 5/20/24) Pay \$ \_\_\_\_\_**CAMP DISCOUNTS**No Discounts on any  
Registrations/Add ons  
received after 7/15/24**1 Discount Per Camper Only.**  
**Not applied to Camp Options.****Multi-Child**

2nd Child: 5% OFF

3rd Child: 8% OFF

Additional Child: 10% OFF

**Multi-Week**

3-4: 5% OFF

5-6: 8% OFF

7+: 10% OFF

**DEPOSIT**\$50 Deposit per  
Full camp week  
required on all  
registrations prior  
to 5/20/2024**½ Day Camp** \* \*(not eligible for discount) *Must be Paid in full at time of enrollment*

½ Day Camp Total + \_\_\_\_\_ (3a)

½ Day Camp Options + \_\_\_\_\_ (3b)

½ Day Camp Total = \_\_\_\_\_ ***Paid in full at enrollment***



# Registration and Health Form

Camp Year \_\_\_\_\_

Camper's Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Sex: M F

Pick Up Password: \_\_\_\_\_ Is the Camper a Current HQ Member ☐ Yes ☐ No

Parent/Guardian's Name: \_\_\_\_\_ Phone: (c) \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ @ \_\_\_\_\_

Alt. Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

## EMERGENCY AUTHORIZATION

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, to secure proper treatment for, and to order injection and/or anesthesia and/or surgery for the person named above. This form may be photocopied for use outside of camp.

**A COPY OF YOUR CHILD'S MOST RECENT IMMUNIZATION MUST ACCOMPANY FORM BEFORE REGISTRATION FORM CAN BE PROCESSED**

☐ Food Allergies\*\* \_\_\_\_\_ ☐ Medicine Allergies \_\_\_\_\_

☐ Dietary Restrictions \_\_\_\_\_ ☐ Asthma\*\* \_\_\_\_\_

\*\* Action Plans & Authorization forms must be submitted with camp registration

Is there anything we should know about your child to make their camp experience better? \_\_\_\_\_

## COMPLETED CAMP WORKSHEET MUST ACCOMPANY THIS FORM

DROP OFF OR MAIL TO: HQ CAMP - C/O PROGRAM DESK - 310 HWY 31 NORTH - FLEMINGTON, NJ 08822  
OR EMAIL FORMS TO: CAMP@HQFIT.COM

PAYMENT AMOUNT\*: \$ \_\_\_\_\_ (no checks accepted) ☐ Paid in FULL or ☐ Deposit only (before 5/20/24)

\*Deposit of \$50 per week for full day and specialty camps required if registering before May 20, 2024.

\*Payment in full due at time of registration for all ½ day camps.

If accepted, ALL enrollments received after 12pm the Thursday before the camp week begins are subject to a \$25 late fee. Camp changes after registration are subject to a \$25 per week switch fee.

☐ HQ Member Club Charge (CC on File) ☐ Card Below (Members deposit only, Non-Members for all payment)

**HQ Members** - On May 20, 2024, any outstanding Camp Balance will automatically be charged as part of the club's monthly billing using the primary credit card on file regardless of payment choice on this form.

**Non-Members** all outstanding camp balances will be charged to the credit card provided below on May 20, 2024.

CARDHOLDER'S NAME \_\_\_\_\_ CC# \_\_\_\_\_ CVV \_\_\_\_\_ / \_\_\_\_\_ EXP

Your Signature below authorizes HealthQuest to collect all necessary camp payments. **All Camp Deposits and Payments are Non-Refundable once registration is accepted and processed.**

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_



## HealthQuest Camp Media Consent Form

I hereby give HealthQuest, its employees, and those acting with its authorization the right and permission to copyright, use, and/or publish my photographic images and/or quotes in promotional materials, which include press releases, videos, catalogs, magazines, brochures, information sheets, and the HealthQuest web site.

I hereby waive any right to inspect or approve the finished videos, photographs, advertising copy, or printed matter that may be used in conjunction therewith or to the eventual use that might be applied.

I hereby warrant that I am competent to contract in my own name insofar as the above is concerned.

A parent or guardian must sign the release if the individual photographed is under 18 years of age.

I have read the foregoing release, authorization, and agreement before affixing my signature below, and warrant that I fully understand the contents thereof.

☐ I authorize HealthQuest to photograph my child as named below

☐ I **DO NOT** authorize HealthQuest to photograph my child as named below

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Thank you for allowing us to share your experience with others!  
**Camp Dynamite**





## INDOOR/OUTDOOR POOL - Waiver / Release of Liability

***Copies of Swim Liability Waiver must be submitted to Aquatics Director, or HealthQuest representative overseeing the event.***

All Swimmers must listen to a brief presentation by a HealthQuest Lifeguard regarding Pool/Slide Rules and Safety Procedures during first visit.

**Please read carefully before signing.**

This is a release of liability and waiver of certain legal rights. I, \_\_\_\_\_, the parent/guardian of the participant(s) and/or enrolled participant(s), agree and understand that swimming is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of swimming, including but not limited to paralyzing injuries and death. The participant(s) hereby agrees to participate in the water activities and hereby agrees to indemnify and hold harmless HealthQuest of Hunterdon LLC, its coaches, instructors, directors, agents and employees against any liability resulting from any injury that may occur to the participant(s) while participating in swim lessons, open swim, lap swimming, water fitness, private party, or other activities HealthQuest of Hunterdon LLC. The participant(s) also agrees to indemnify HealthQuest of Hunterdon LLC for any damages incurred arising from any claims, demand, action or cause of action by the participant(s). The participant(s) authorizes any representative of HealthQuest of Hunterdon LLC to have the participant treated in any medical emergency during their participation in any activity while at HealthQuest LLC. Further, the participant(s) and /or parent/guardian agree to pay all costs associated with medical care and transportation for the participant. I have noted below any medical/health problems of which the staff should be aware.

### SWIM LEVEL OF THE PARTICIPANT:

Participants NAME: \_\_\_\_\_ AGE: \_\_\_\_\_

\_\_\_\_\_ Beginner (Must be able to swim independently with a floatation device on, if not, parent or guardian must accompany the swimmer in the water.)

\_\_\_\_\_ Intermediate (Must be able to pass a basic swim test with Lifeguard, floatation device not required)

\_\_\_\_\_ Advanced (If under the age of 13, must take part in a basic swim test with Lifeguard)

\_\_\_\_\_ I give my child permission to choose not to swim on any given day - your child will be required to go to the pool if this is not checked.

If Swimmer "Participant" is deemed "Beginner", the "Participant" must see HealthQuest Lifeguard for a Swim Test, prior to entering the water, to ensure that they are able to navigate the pool free of floating device. If floating device is deemed appropriate, "Participant" must maintain floating device at all times in, or near water. We suggest that Intermediate Swimmers remain in areas of the pool in which their feet are able to maintain contact with the bottom of the pool. Advanced Swimmers should use their best judgement.

By signing, I indicate that I have, read, understand and accept the conditions of this document.

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



MEDICAL/HEALTH ISSUES WE SHOULD BE AWARE OF:



## 2024 Camp Dynamite Lunch

### Monday

Chicken Fingers, Mozzarella Sticks, Watermelon,  
Chips, Snacks, Juice

### Tuesday

Pizza, Watermelon, Chips, Snacks, Juice

### Wednesday

Choice of Chicken Burritos/Bowls/Tacos with  
Cheese/Black Beans/Rice, Watermelon, Chips,  
Snacks, Juice

### Thursday

Pasta (Macaroni & Cheese, Buttered Noodles,  
Penne Vodka), Watermelon, Chips, Snacks, Juice

### Friday

Pizza, Watermelon, Chips, Snacks, Juice, KONA ICE!!

*\*lunch options subject to change*



Thank you for choosing HealthQuest, we look forward to seeing your children this summer!

Please submit all applicable Camp Worksheets and Required (\*) paperwork to the Program Desk

## Camp Paperwork Checklist

- ☐ Full Day Camp Worksheet
- ☐ ½ Day Camp Worksheet
- ☐ Specialty Camp Worksheet
- ☐ Camp Calculations Page
- ☐ Registration and Health Form\*
- ☐ HealthQuest Media Consent Form\*
- ☐ Swim Waiver\*
- ☐ Most Recent Immunizations\* (*Must accompany forms for enrollment to be processed*)
- ☐ Asthma Action Plan / EpiPen (*if applicable*)

***Should you have additional questions about specific items/camps please contact:***

3-6yr Old Camp Dynamite

Stacy Reasoner  
[reasoner@hqfit.com](mailto:reasoner@hqfit.com)

7-12yr Camp Dynamite and Specialty Camps

Candace Bunnell  
[bunnell@hqfit.com](mailto:bunnell@hqfit.com)

Camp Enrollment and Processing

Tracy StClair  
[programdesk@hqfit.com](mailto:programdesk@hqfit.com)



# Summer 2024 Camps at a Glance

	CAMP WEEK	Half Day Specialty 9am-12pm	Full Day 9am-3pm	Half Day (AM) 9am-12pm OR (PM) 12-3pm
WEEK #1	June 17-21		Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
			Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #2	June 24-28	DIGGIN FOR DINOS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		STEM CHALLENGES (6-12yrs)		
		SUPERHERO (4-7yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
		GIRLS GYMNASTICS (4-12yrs)		
WEEK #3	JULY 1-5	Holiday Week No Camp July 4	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
			Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #4	JULY 8-12	YOUNG ENGINEERS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		ARTS, CRAFTS & 3D DESIGN (6-12yrs)		
		COOKING CAMP (7-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #5	JULY 15-19	SCIENCE EXPLORERS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		PRINCESS CAMP (4-7yrs)		
		LEGO® WeDo & EV3 (7-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #6	JULY 22-26	CHEMICAL WIZARDRY (6-12yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		FLIGHT & MINI DRONES (7-12yrs)		
		MINIBOT & BATTLEBOTS ROBOTIC FUN (6-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #7	JULY 29- AUG 2	LEGO® BUILDING & MACHINES (6-12yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		BAKING CAMP (7-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #8	AUG 5-9	GIRLS GYMNASTICS (4-12yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		LEGO® ROBOTICS (6-12yrs)		
		COOKING CAMP (7-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #9	AUG 12-16	DIGGIN FOR DINOS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		NINJASTICS (4-12yrs)		
		SUPERHERO (4-7yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
		CHEMICAL WIZARDRY (6-12yrs)		
WEEK #10	AUG 19-23	DIGGIN FOR DINOS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		LEGO® BUILDING & MACHINES (6-12yrs)		
		BAKING CAMP (7-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite
WEEK #11	AUG 26-30	SCIENCE EXPLORERS (4-6yrs)	Jr. Dynomos (3-6 yrs)	Jr. Dynomos (AM Only)
		FLIGHT & MINI DRONES (7-12yrs)		
		ARCHITECTURE AND ENGINEERING (6-12yrs)	Camp Dynamite (7-12 yrs)	Camp Dynamite

**HealthQuest Fitness Club**  
310 Hwy 31 N ♦ Flemington, NJ  
hqfit.com ♦ 908.782.4009, Ext. 234

**CAMP OPTIONS INCLUDE:**  
Before Care (7:30-9AM), PM Camp (12-3PM),  
Lunch, After Care (3-6PM), and Swim Lessons