

# SPRING II SWIM LESSONS

Each  
Session  
Consists of  
30-Minute  
Lessons  
Each Week

Group Lessons • Private Lessons • Semi-Private Lessons

*Non-Members  
are Welcome!*



**SPRING II SESSION**  
**MAY 12 - JUNE 24**  
**PRIORITY REGISTRATION\* APR 24**  
**OPEN REGISTRATION MAY 1**

\*For current swim lesson students only

**Register through  
the Aquatics Office**

Email [hill@hqfit.com](mailto:hill@hqfit.com) or call (908) 782-4009, Ext. 250



**HEALTHQUEST**  
FITNESS CLUB



# SPRING II SWIM LESSONS

**PRIORITY REGISTRATION\* STARTS APRIL 24**

\*For current swim lesson students only

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## GROUP LESSON SCHEDULE (SUBJECT TO CHANGE)

<b>Mondays</b>	<b>w/ Miranda</b>	<b>Mondays</b>	<b>w/ James</b>	<b>Tuesdays</b>	<b>w/ Ksenya</b>
5:30	Guppy	5:00	Guppy	5:30	Lil Dipper
6:00	Noodlefish	5:30	Mini Me	6:00	Dolphin
6:30	Muddskipper	6:00	Tadpole & Me	6:30	Shark
		6:30	Lil Dipper		

<b>Tuesdays</b>	<b>w/ Claire</b>	<b>Wednesdays</b>	<b>w/ Chloe</b>	<b>Wednesdays</b>	<b>w/ Queila</b>
5:30	Guppy	5:30	Lil Dipper	5:30	Guppy
6:00	Noodlefish	6:00	Dolphin	6:00	Noodlefish
6:30	Muddskipper	6:30	Shark	6:30	Mini Me

<b>Thursdays</b>	<b>w/ Ksenya</b>	<b>Thursdays</b>	<b>w/ Chloe</b>	<b>Saturdays</b>	<b>w/ Miranda</b>
5:30	Lil Dipper	5:30	Guppy	10:00	Tadpole & Me
6:00	Dolphin	6:00	Noodlefish	10:30	Guppy
6:30	Shark	6:30	Muddskipper	11:00	Noodlefish
				11:30	Guppy
				12:00	Lil Dipper

<b>Sundays</b>	<b>w/ Shayna</b>
10:00	Guppy
10:30	Noodlefish
11:00	Muddskipper
11:30	Lil Dipper

### 6 WEEK LESSON RATES:

	<u>HQ Mem</u>	<u>Guest</u>
Group	\$120.00	\$146.25
Private	\$228.00	\$264.00
Semi-Private	\$180.00	\$211.50

### JAMES/QUEILA:

	<u>HQ Mem</u>	<u>Guest</u>
Group	\$147.75	\$161.25
Private	\$264.00	\$270.00
Semi-Private	\$210.00	\$213.75

### LESSON DATES FOR SPRING II SESSION:

Spring II 2024	Sun	Mon	Tue	Wed	Thur	Fri	Sat
<b>May</b>	12	13	14	15	16	17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	1
<b>June</b>	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	28	29	30
<b>July</b>	1	2					
	= NO LESSONS		MAKE UP WEEK IF NEEDED*				

Private & Semi-Private Sessions are Scheduled based on Instructor Availability. If a Group Lesson time does not work for your schedule, contact the Aquatics Director.

#### Cancellation Policy

- Private/group lessons canceled with less than 12 hour's notice will not be given a makeup, refund or credit
- 1 Make up will be given, regardless of how many times class is missed, if there is availability in another class
- No refunds will be given after the session has started
- Classes must have 3 participants; If less than 3 are registered, the class will be removed from the schedule

\*Make up week only needed if lesson is canceled by HealthQuest.