

FALL SWIM LESSONS

GROUP • SEMI-PRIVATE • PRIVATE



Each Session Consists of Eight Weekly 30-Minute Lessons

SESSION DATES: SEPT 8 - NOV 2

PRIORITY REGISTRATION STARTS AUG 19*

OPEN REGISTRATION STARTS AUG 26

*For current swim lesson students only

**Non-Members
Welcome!**



HEALTHQUEST
FITNESS CLUB

**Register thru
Aquatics Office**

Email aquatics@hqfit.com or call (908) 782-4009, Ext. 250



FALL 2024 SWIM LESSONS

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GROUP LESSON SCHEDULE (SUBJECT TO CHANGE)

Mondays	<i>w/Queila</i>	Mondays	<i>w/Miranda</i>	Tuesdays	<i>w/Claire</i>	Tuesdays	<i>w/Ksenya</i>
5:00	Guppy	5:30	Guppy	5:30	Guppy	5:30	Lil Dipper
5:30	Mini Me	6:00	Tadpole & Me	6:00	Noodlefish	6:00	Dolphin
6:00	Muddskipper	6:30	Noodlefish	6:30	Muddskipper	6:30	Shark
6:30	Lil Dipper	7:00	Muddskipper	7:00	Lil Dipper		

Wednesdays	<i>w/ Faith</i>	Wednesdays	<i>w/Queila</i>	Thursdays	<i>w/ Faith</i>	Thursdays	<i>w/Claire</i>
5:30	Guppy			1:00	Tadpole & Me	5:30	Guppy
6:00	Noodlefish	6:00	Guppy			6:00	Noodlefish
6:30	Mini Me	6:30	Muddskipper			6:30	Muddskipper

Fridays	<i>w/ Ksenya</i>	Saturdays	<i>w/ Faith</i>	Saturdays	<i>w/ Miranda</i>	Sundays	<i>w/Alexander</i>
5:30	Lil Dipper	9:30	Guppy	10:00	Tadpole & Me	10:00	Muddskipper
6:00	Dolphin	10:00	Tadpole & Me	10:30	Guppy	10:30	Lil Dipper
6:30	Shark			11:00	Noodlefish	11:00	Dolphin
				11:30	Muddskipper	11:30	Shark

8 WEEK SESSION RATES:

	<u>HQ Mem</u>	<u>Guest</u>
Group	\$160	\$195
Private	\$304	\$352
Semi-Private	\$240	\$282

<i>w/ Queila:</i>	<u>HQ Mem</u>	<u>Guest</u>
	\$197	\$215
	\$352	\$360
	\$280	\$285

Cancellation Policy

- Cancellations under 12 hour's notice will not be given a makeup, refund or credit
- No refunds will be given after the session has started
- Classes must have 3 participants. If less than 3 are registered, the class will be removed from the schedule
- Class days, times, and instructors are subject to change
- 1 Make up will be given, regardless of how many times class is missed

DATES FOR FALL 2024 SESSION:

Fall 2024	Sun	Mon	Tue	Wed	Thur	Fri	Sat
September	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	1	2	3	4	5
October	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
	20	21	22	23	24	25	26
	27	28	29	30	31	1	2
November	3	4	5	6	7	8	9
	= NO LESSONS			MAKE UP WEEK IF NEEDED			