

2024

MINI QUEST

2 Classes Per Week Offering Advanced Instruction & Training

A class focusing on more advanced skills and progressive training and instruction. A great beginning for your daughter if she is interested in a future in competitive gymnastics. Evaluation required.



Coach Macy

AGES: 4-5

TIME: 4:30-6:00pm, Tues & Thurs

COST: \$125/month member
\$200/month non-member

LOCATION: Upstairs Gym

CONTACT: gymnastics@hqfit.com



Open enrollment based on limited space available.

